

Make your 2x2 pledge!

It's easy to keep your smile feeling happy and healthy! Make the 2x2 pledge to brush your teeth for two minutes twice a day. That's all there is to it.

Congratulations!

Brushing your teeth twice a day for two minutes is the best way to fight cavities and keep your smile feeling happy and healthy!

I,

(write your name)

make the 2x2 pledge to brush my teeth for two minutes twice a day.



I took the
2X2
PLEDGE!

 **DELTA DENTAL®**

DeltaDentalOR.com | DeltaDentalAK.com

Dental plans in Oregon provided by Oregon Dental Service, dba Delta Dental Plan of Oregon. Dental plans in Alaska provided by Delta Dental of Alaska. Delta Dental is a registered trademark of Delta Dental Plans Association.